



## Narberth Nobbler 2018

### 10km Results

Place	Bib	Name	Time
1	33	Lottie Chant	0:55:31
2	156	Greg Morgan	0:56:09
3	160	Neil Morgan	0:58:34
4	142	Rachel Lewis	0:59:24
5	95	David Hawkins	0:59:51
6	230	Lauren Thomas	1:00:32
7	155	Lisa Morgan	1:00:38
8	207	Megan Ross	1:00:47
9	77	Kat Green	1:00:48
10	116	Brett Johnson	1:02:04
11	216	Deiniol Sion	1:02:14
12	81	Drew Grove-Henderson	1:02:44
13	63	Aled Evans	1:02:47
14	190	Stephen Pratt	1:02:57
15	232	Elizabeth Thomas	1:03:10
16	165	Emma Newman	1:03:13
17	209	Rose Russell	1:03:22
18	36	Pippa Clarke	1:03:33
19	8	Inese Baune	1:03:37
20	163	Jim Murray	1:04:12
21	96	Fred Hayton	1:04:20
22	254	Patrick Wilson	1:04:21
23	128	Michael Karpaty	1:04:29
24	240	Ian Walton	1:04:32
25	61	Mark Emms	1:04:36
26	86	Mathew Ham	1:04:45
27	68	Ian Evans	1:04:54
28	60	Will Ellis	1:05:11
29	97	David Henry	1:05:15
30	185	Andrew Pierce	1:05:47
31	3	Mike Antsy	1:05:50
32	59	Kara Ellard	1:05:58
33	198	Celyn Rees	1:06:03
34	192	Gary Proven	1:06:32
35	249	Emily Wiggans	1:06:35
36	211	Stephen Sargeant	1:06:37
37	135	Andrew Knowles	1:07:01
38	54	Chris Ebsworth	1:07:13
39	203	Sarah Roberts	1:07:19
40	40	Stephen Cockwell	1:07:27
41	237	Kieran Walker	1:07:52
42	24	James Bruce	1:08:02
43	80	John Griffiths	1:08:08
44	82	Mark Guest	1:08:14
45	119	Delphine Jones	1:08:20
46	78	Kat Greener	1:08:43
47	124	Peter Jones	1:08:50
48	32	Tony Cawton	1:08:59
49	143	Jolene Lewis	1:09:05
50	102	Nick Hulme	1:09:38
51	223	Christopher Tambling-Baker	1:09:46
52	187	Elsbeth Polson	1:09:52
53	170	Steve Orrells	1:09:59
54	117	Lisa Jones	1:10:04
55	64	Dylan Evans	1:10:16
56	146	Martyn Mace	1:10:18
57	55	Karina Ebsworth	1:10:34
58	158	Melanie Morgan	1:10:37
59	234	Zowie Tovey	1:10:44
60	15	Dom Bliss	1:10:50
61	152	Kellie Ann Melbourne	1:10:52
62	23	Rhian Bruce	1:11:10
63	195	Wayne Randall	1:11:29
64	180	Darren Phillips	1:11:52
65	10	Chris Beck	1:11:54
66	53	Tom Douglas	1:11:56
67	115	Nick Johns	1:12:38
68	126	Laura Jones	1:12:45
69	84	Katy Guy	1:12:48
70	196	Katy Ratcliffe	1:12:53
71	212	Rhys Shaw	1:12:55
72	131	Nathan Kelly	1:13:03
73	157	Mair Morgan	1:13:06
74	83	Krystle Gunning	1:13:39
75	B94	Helen Goldsmith	1:13:40
76	30	Chris Cain	1:13:41
77	202	Lara Richards	1:14:41
78	11	Stacy Betteley	1:14:42
79	148	Jessica Mackeen	1:14:45
80	241	Sian Waters	1:14:56
81	104	Liam Jakeman	1:15:25
82	22	Val Brown	1:15:41
83	85	Victoria Hall	1:15:49
84	260	Nicole Zylstra	1:16:04
85	219	Kevin Spear	1:16:14
86	150	Stephanie McMaster	1:16:38
87	256	Victoria Winship	1:16:56
88	112	Kelly John	1:17:02
89	226	Simon Thomas	1:17:05
90	174	Melanie Pallas	1:17:23
91	255	Angela Windsor	1:17:33
92	46	Marian Davies	1:17:42
93	140	Cathy Lee	1:17:51
94	252	Alys Williams	1:18:01
95	222	Eleri Summers	1:18:08
96	88	Isobel Harewood-Williams	1:18:13
97	177	Craig Patrick	1:18:36
98	257	Cheryl Wright	1:18:39
99	164	Tasmin Nash	1:18:50
100	76	Sean Goode	1:18:55
101	49	Lloyd Davies	1:19:08
102	161	Catherin Morton	1:19:26
103	162	Philip Murray	1:19:44
104	172	Sian Owen	1:19:52
105	17	Liam Boulcott	1:20:06
106	253	Sandra Williams	1:20:13
107	89	Tony Harries	1:20:32
108	136	Natalie Lang	1:20:48
109	114	Helen John	1:21:00
110	183	Lisa Pickering	1:21:23
111	145	Sophia Lightfoot	1:21:39
112	225	Laura Tegg	1:22:10
113	45	Christine Davies	1:22:14
114	144	Angharad Lewis	1:22:18
115	56	Kevin Elcock	1:22:35
116	191	Andrew Price	1:23:00
117	4	Amanda Bailey	1:23:10
118	224	Emma Tambling-Baker	1:23:14
119	193	Samantha Pusey	1:23:16
120	19	Julie Bradford	1:23:19
121	247	Pete Whitehouse	1:23:21
122	149	Cat Mayes	1:23:26
123	244	Lyndsey Wheeler	1:23:37
124	204	Nia Roberts	1:23:39
125	72	Kelly Fowler	1:23:42
126	111	Ed Jenks	1:24:05
127	16	Katarzyna Bojanowska	1:24:28
128	130	Lisa Kelly	1:24:32
129	94	Sally May Havard	1:25:02
130	113	William Ian John	1:25:10
131	87	Hannah Hammersley	1:25:23
132	194	George Rainbow	1:25:35
133	29	John Byrne	1:25:59
134	220	Julia Sturgess	1:26:32
135	28	Carol Byrne	1:26:47
136	67	Michelle Evans	1:26:53
137	235	Emma Tropman	1:27:12
138	34	Simon Churchill	1:27:39
139	43	Andrea Craig	1:27:42
140	199	Gail Rees	1:27:56
141	147	Susan Mace	1:27:58
142	215	Claire Sibley	1:28:08
143	171	Caroline Orrells	1:28:29
144	258	Sarah Wynne	1:28:51
145	47	Christine Davies	1:28:54
146	259	Jennifer Yeo	1:29:01
147	73	Cheryl Francis	1:29:26
148	14	Jem Bliss	1:29:40
149	50	Helen Davies-Eynon	1:29:53
150	6	Julie Barber	1:30:29
151	105	Dan James	1:30:36
152	1	Jenna Abbott	1:31:51
153	48	Rachel Davies	1:31:54
154	151	Vanessa Mear	1:33:24
155	12	Emma Beynon	1:33:26
156	39	Jemma Coates	1:34:00
157	66	Helen Evans	1:34:20
158	245	Lynsey Whitcombe	1:34:29
159	107	Emma James	1:35:06
160	92	Iain Hart	1:35:14
161	93	Amanda Hart	1:35:14
162	62	Mary Escolme	1:35:18
163	173	Harriet Page	1:35:27
164	134	Simone Knight	1:35:31
165	31	Vickie Cameron-Davies	1:35:42
166	42	Dave Cole	1:35:58
167	41	Jo Cole	1:36:00
168	186	Rosella Pollard	1:36:01
169	250	Andre Williams	1:36:11
170	58	Zoe Elford	1:36:12
171	246	Emma Whitehouse	1:37:34
172	129	Andrew Keane	1:40:17
173	218	Mike Slack	1:43:10
174	217	Chloe Slack	1:43:13
175	122	Kerry Jones	1:43:50
176	121	Craig Jones	1:43:52
177	205	Rhobert Robinson	1:43:58
178	57	Kaie Elcock	1:45:30
179	167	Jason Nicholas	1:45:54
180	184	Melanie Picton	1:46:44
181	227	barbara Thomas	1:46:54
182	182	Helen Phillips	1:48:53
183	90	Frances Harrington	1:48:56
184	201	Rachel Richards	1:56:30
185	2	Louise Amery	1:56:39
186	189	Amanda Portlock-White	2:00:10
188	179	Hefin Philips	2:06:29
189	79	Alun Griffiths	2:06:31
190	132	Sarahjane Kirby	2:08:07
191	133	Nathan Kirby	2:08:13
192	71	Lisa Falat	2:12:49
193	103	Melissa Humphreys	2:13:03
194	91	Suzanne Harrison	2:21:32
195	35	Same Clarke	2:21:35
196	248	Rhiannon Whiteley	2:21:51
197	27	Jenny Burrows	2:22:39